



Come join us Saturday, August 19th, at 2 pm EST for the inaugural meeting of the eChapter Journal Club

Join Zoom Meeting

<https://us02web.zoom.us/j/81821740489?pwd=RDFOKOVXKONQRjdOZ2NwcTR4ZF15QT09>

Meeting ID: 818 2174 0489 Password: 462513

Topic:

What do we know about the effects of Cannabis/Cannabinoids on the perioperative patient?

Articles/References to Review:

1. Benzinga.com (2022, October 18). Are cannabis users at greater risk of postoperative complications? Here's what a new study says. <https://www.benzinga.com/markets/cannabis/22/10/29305091/are-cannabis-users-at-greater-risk-of-postoperative-complications-heres-what-a-new-study-says>
2. Bicket, M.C., Stone, E.M., McGinty, E.E. (2023). Use of cannabis and other pain treatments among adults with chronic pain in US states with medical cannabis programs. *JAMA network open*, 6(1), e2249797. <https://doi.org/10.1001/jamanetworkopen.2022.49797>
3. Shah, S., Schwenk, E. S., Sondekoppam, R. V., Clarke, H., Zakowski, M., Rzasa-Lynn, R. S., Yeung, B., Nicholson, K., Schwartz, G., Hooten, W. M., Wallace, M., Viscusi, E. R., & Narouze, S. (2023). ASRA Pain Medicine consensus guidelines on the management of the perioperative patient on cannabis and cannabinoids. *Regional anesthesia and pain medicine*, 48(3), 97–117. <https://doi.org/10.1136/rapm-2022-104013>

Questions for Discussion:

1. The articles and recommendations listed for this discussion call for physicians to emphasize marijuana as important as tobacco, alcohol, illicit/recreational drugs, and opioids to the list of substances used by patients. What are your thoughts on how thorough surgeons, primary care, anesthesia providers, and mid-levels are on adjusting the **elective** surgical plan of care for daily users of cannabis or cannabinoids?
2. For those in this journal club discussion that live in one of the 37 states legalizing medicinal cannabis, even though the US Gov still lists it as a Schedule I drug, have you seen or heard of this as a source of postoperative complications, or have you considered this when reviewing returns to surgery, readmissions, morbidity or mortality rates, or SSI causes?
3. Can you describe any changes in your pre-operative assessment that would prompt anesthesia to delay surgery based on cannabis use?
4. Asking all my nurse scientists...If you are a DNP, what would the use of the new ASRA EBP guidelines look like in your place of work?
If you were a Ph.D., what would your research look like?

